

VERSES

PSALMS 25:16-17; DEUTERONOMY 31:6;
PSALMS 34:17-18; PSALMS 23:4 HEBREWS 13:5

MAY 2026

THE HIDDEN LONELINESS

Have you ever been surrounded by people yet still felt completely alone? There are seasons in life when you can be surrounded by people and still feel deeply alone. Conversations may happen around you, but it can feel as if no one truly hears your heart. Feeling lonely doesn't mean your faith is weak. Many faithful people in the Bible experienced the same feeling as you. What matters is what you do with that loneliness. When you bring it to God, loneliness can turn into a season where your relationship with God becomes deeper and stronger.



Oasis Ministry®

Bringing Healing to the Soul



It invites us to bring our real emotions to God and trust that He hears them. God hears you even when others don't. Sometimes loneliness comes from expecting people to meet needs that only God can fully meet. God's love surrounds us, strengthens us, and guides us through every season of life. So the next time you feel lonely, remember the truth that God is listening, God is near, and you are never alone.

WORD SCRAMBLE

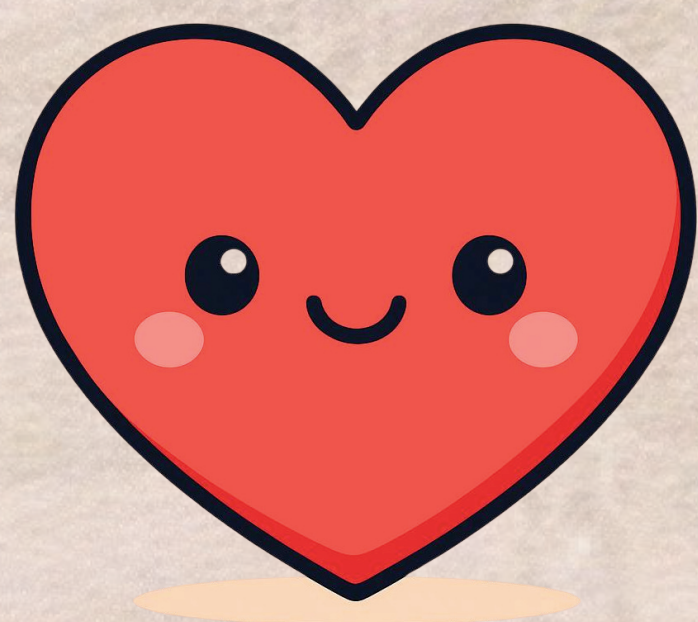


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Liliana
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GOD IS ALWAYS WITH
YOU.

What to do when your feeling lonely:

- Pray honestly and openly with GOD
- Spend quiet time reading scripture
- Listen to worship music